

NIA SOUL

»→ NIA BOWLS ←«

Macaroni & Cheese Bowl – \$10

+ Add Fried, Jerk, or Cajun Chicken \$3 Add Grilled Salmon, Snapper, or Prawns \$5

Southern Trio Box – Mac & Cheese, Collard Greens, & Red Beans & Rice (Vegetarian Available) \$14

+ Add Fried, Jerk, or Cajun Chicken \$3 Add Grilled Salmon, Snapper, or Prawns \$5

Vegan Cuban Bowl – Black beans & Rice with fresh veggies & plantains \$12

+ Add Fried, Jerk, or Cajun Chicken \$3 Add Grilled Salmon, Snapper, or Prawns \$5

Vegan Caribbean Bowl – Jamaican Peas & Rice with fresh veggies & plantains \$12

+ Add Fried, Jerk, or Cajun Chicken \$3 Add Grilled Salmon, Snapper, or Prawns \$5

»→ SALAD BOWLS ←«

Grilled Shrimp & Corn Salad Bowl – with mixed greens, tomatoes, peppers, & plantain chips \$15

+ Add Fried, Jerk, or Cajun Chicken \$3 Add Grilled Salmon, Snapper, or Prawns \$5

Santa Fe Salad Bowl – Mixed greens, corn, tomatoes, cheese, black beans, & tortilla strip \$12

+ Add Fried, Jerk, or Cajun Chicken \$3 Add Grilled Salmon, Snapper, or Prawns \$5

Watermelon Arugala Salad Bowl – with candied pecans, pickled onions, & feta cheese \$14

+ Add Fried, Jerk, or Cajun Chicken \$3 Add Grilled Salmon, Snapper, or Prawns \$5

»→ NIA SLIDERS ←«

2 sliders served with pickles, onions, & tomato with mixed green salad

Poorboy Slider Box – Choice of Fried Snapper or Prawn \$14

Fried or Barbecue Chicken Slider Box – Served on fresh biscuit \$12

Cheeseburger Slider – with special sauce \$12

»→ NIA DESSERTS ←«

Whole Pies – Apple Crumb, Apple, Lemon, Berry, Sweet Potato, or Pecan \$25 each serves 8

Whole Cakes – Chocolate Mousse, Double Chocolate, Coconut, or Mango \$65 each serves 16

Cheesecakes – New York, Strawberry, Flan, Oreo, or Assorted Fruit & Chocolate Platter \$65 each serves 16

Home-made Cobblers – Southern Peach, Mango Peach, or Gluten Free Peach Crumble \$50 Small \$100 Medium

Five Layer Trifles – Chocolate, Banana Pudding, or Banana Coconut \$50 Small \$100 Medium

+ \$10/\$20 (Available Vegan & Gluten Free)

»→ BEVERAGES ←«

Sodas – Assortment of Diet and Regular \$3 each

Home-made Lemonade – Choice of Regular, Strawberry, Mango, or Watermelon \$4 each

Home-made Iced or Sweet Tea – Choice of Regular, Strawberry, Mango, or Watermelon \$4 each